

## Learn to Row Swimming Proficiency

The sport of rowing poses significant risks to the participant because most activities occur in, around or on water. The risks include, but are not limited to: expected and unexpected immersion into cold water as a result of a boat flipping, collisions with other boats, being involuntarily removed from a boat as a result of an oar's momentum ("crabbing"), falling off docks, authorized and unauthorized swimming, changing weather conditions, or other occurrences. If your child is not a strong swimmer, she will be required to wear a life jacket while on and near the water. I certify that my child is a competent swimmer and capable of swimming 100 yards without stopping, can stay afloat for 10 minutes and is capable of putting a life jacket on while in the water. I understand that I have the responsibility to determine the extent of my child's swimming ability. If my child is NOT a competent swimmer and cannot perform the skills listed above, she will need to wear a life jacket while on or near the water, and I am responsible for notifying the coach.

I have read and agree to the above terms.

Parent/Guardian signature \_\_\_\_\_

Date \_\_\_\_\_

Student's Name \_\_\_\_\_

Grade in Fall \_\_\_\_\_